

the newham mag

ISSUE 114

10 FEB 2007



Get your
skates on

"A SURE-FIRE SMASH HIT" ★★★★★ **TIME OUT**
APRIL '06



The Harder They Come

BY PERRY HENZELL

HE WOULD RATHER DIE THAN KILL HIS DREAM

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the newham mag



Welcome to issue 114 of the Newham Mag.

January was certainly a cold month and on pages 16 and 17 you can see some of our best photographs of Newham under snow.

On pages 12 and 13 we tell you all about Chinese

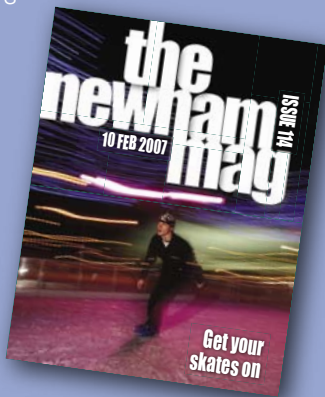
New Year, which is celebrated next week.

Learn how to recycle on page seven and read about the ice rink that's come to Stratford on page nine.

A Happy New Year to our Chinese readers.

Jen

On the cover:
Get your skates on in Stratford this month



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Look out for the next issue from 24 February

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By 2010, Newham will be a major business location and a place where people will choose to live and work



In brief...

City Farm rewards volunteers

Newham City Farm in Beckton rewarded some of its longest standing junior and senior volunteers with medals and certificates to commend their hard work and commitment this month. During the award ceremonies Blaze the shire horse was harnessed up and took the young volunteers for a spin round the park in the farm cart.



Anybody else wishing to volunteer at the farm or visitor centre should phone and leave their address and telephone number on 020 7474 4960.

Free IT training in Newham

Caboodle has just announced the launch of its new Pathways to Employment Trainee scheme. This is a six-month full time paid apprenticeship fully funded by Caboodle Solutions Limited. The purpose of the scheme is to support people into full time employment and increase the number of IT professionals in Newham. To find out more, visit www.caboodlesolutions.co.uk where you will be able to register your interest in the scheme.

Community centre changes name

The Chatsworth Community Centre, Buckingham Road, Stratford E15 is now known as the Hibiscus Centre due to confusion with the Chatsworth Community Resource Centre on Chatsworth Road, Stratford E15.

Free boarding school places for Newham pupils who learn Mandarin

A top independent school is offering free boarding places to pupils from a Beckton school. Brighton College, in East Sussex, will take the pupils into its sixth form using funding from HSBC bank.

The places will be awarded to pupils from Kingsford Community School, which has no sixth form. The two schools developed links after both opted to make it compulsory for all new pupils to learn the language. Pupils will be chosen through interviews next month.

Kingsford, which is improving in the league tables, has a high proportion of pupils with English as a second language and some 14 per cent are refugees.

Mayor of Seoul visits Newham to learn more about 2012 Games

The Mayor of Seoul, Oh Se Hoon, visited Newham to see how preparations for the 2012 London Games are taking shape and learn more about the borough. Newham Mayor Sir Robin Wales greeted Mr Hoon, who was accompanied by his wife Song Hyun-Ok and other South Korean delegates, at Holden Point in Stratford.

They were given an aerial view of the Olympic Park site and were informed about development plans for the area.

Also there to meet the guests was former javelin gold medallist Tessa Sanderson, the borough's 2012 advisor.



Tessa Sanderson greets the Mayor of Seoul

Free support for Newham businesses

A comprehensive programme of free business support from Newham Council aims to boost enterprise in the borough, maximising the potential for economic growth opportunities as a result of the 2012 Games and other major regeneration projects.

This support is entirely free to businesses which are Newham-based or owned by Newham residents. If you own or work for a small or medium-size enterprise and would like more information, contact Alice Van Sertima at alice.van-sertima@newham.gov.uk or by calling 020 8430 3165.

News

Blitz fireman dies at 101

Firefighter Cyril Demarne OBE, a former Chief Officer of West Ham Fire Brigade who served the area during the worst of the Blitz, has died just days short of his 102nd birthday.

Newham Council hosted a reception in February 2005 to celebrate Mr Demarne's 100th birthday, during which a guard of honour was formed by firefighters from Plaistow.

Councillor Pat Holland, who hosted the reception during her year as civic ambassador, said: "Cyril was a great man whose fortitude and great courage during the horrors of the Blitz served as an example to everyone. He always wanted people to remember what things were really like during the war and why it must never happen again."



It's payback time

Offenders are being made to clean up areas of Newham as part of a new rehabilitation initiative called Community Payback.

The scheme, which was officially launched at Newham Leisure Centre in Plaistow, is a joint initiative between London Probation, the Metropolitan Police and Newham Council.

It will see offenders who are serving community punishment orders doing unpaid work like removing litter and graffiti, pruning bushes and trees, painting, environmental clean-ups and improving security by making footpaths safer.

The work will be supervised by London Probation staff, alongside Safer Neighbourhoods Team police officers and officers from the council.

Mayor of Newham Sir Robin Wales, said: "It is right that offenders who live in our borough should make amends by helping to improve the environment."

Young offenders clean up some undergrowth as part of Community Payback



Carbon emissions



Mayor Sir Robin Wales, Deputy Mayor Christine Bowden, MP Stephen Timms and residents at the launch of the 25/5 campaign

The Mayor and Deputy Mayor last week pledged their support for the 25/5 Campaign by signing up to reduce carbon emissions by 25 per cent over the next five years.

On 26 January more than 100 residents visited the launch of the scheme, held outside East Ham Market, and promised to do their bit to help the environment. Each participant who committed to the worthy cause was rewarded with a free energy saving light bulb.

Mayor Sir Robin Wales said: "In order to slow down the rate of global warming, reduce pollution and improve our health we all need to make a firm commitment to reduce dangerous emissions, which are having a disastrous effect on our environment."

My view

With Mayor Sir Robin Wales



Corporate responsibility – a sound investment

“Whether it is picking up litter or reporting anti-social behaviour, every little bit of effort we make contributes to the improvement of our lives.”

Being one of the few elected Mayors, I am directly accountable to you. It's important that I'm open and accessible for any Newham resident. Following the summer recess, I've increased the times and places where you can meet me to discuss your concerns, issues and suggestions for the borough. To find out more visit my website at www.newham.gov.uk/mayor or call 020 8430 2107 to find out where I'll be.

I spend much of my time in this column encouraging us all to do something positive towards making this borough a better place to live. Whether it is picking up litter or reporting anti-social behaviour, every little bit of effort we make contributes to the improvement of our lives. Each year, the council also tries to improve its own performance by listening to what residents want and responding as best we can.

If making this effort is good enough for us, then, more importantly, it should be good enough for the major companies which provide Newham residents with vital services. As the UK's largest water company, Thames Water continually under-performs. The council spends too much time complaining about broken pipes, water restrictions and water rates, and even more time waiting for them to fix the problems. This is unacceptable for a major service provider, and even worse is their handling of situations

when we need them the most. Their lack of responsibility and regard for the most vulnerable people of Newham was apparent last month, when water from a burst main leaked into the gas supply in Beckton. Thames Water expected Newham residents to pay up front for private contractors to fix the situation.

Eventually, Thames Water took action and delivered bottles of water to residents, but only after the council stepped in with heating and cooking support. Once again their effort was too little too late.

Thames Water could learn a lesson or two in corporate responsibility from London City Airport. In agreement with the council, it ensures that Newham residents fill at least 35 per cent of its airport jobs. This is an excellent example of a company which understands that investing in Newham is a sound investment for their own business.

Saving the planet starts at home – just ask Newham resident Ian Sparkes. He's a shining example of what can be achieved with a little time and effort.

Ian was doing his bit for the environment long before climate change hit the headlines and reached the top of the international political agenda. He lives in one of 73,000 Newham households served by the council's orange bag kerbside recycling service. He uses this to recycle paper, cans, thin card and plastic bottles from the convenience of his doorstep.

"I've used the orange bag scheme since it started last year, but I used to recycle before then," Ian says. "I took paper and tin cans to the recycling banks at the supermarket.

"The principle of recycling has been around for a while. In the sixties when I was a child, there used to be someone called the pig man who came round every week to collect any food scraps and cardboard to use on a farm.

"Sometimes I do go over the top. When I see half a tonne of newspapers on the train I've been known to pick them up and take them to a recycling point."

Ian knows only too well that society can't continue burying rubbish in the ground, where it rots creating methane, a harmful greenhouse gas.

"Recycling is an easy way for people to do their bit for the environment," he says. "It's ridiculous to keep on burying rubbish in landfill sites when it can be put to good use. London's landfill sites will be full in a few years."

But for Ian, helping the environment doesn't just stop there. For the past 12 years he's been involved in a local environmental group called the Newham Conservation Volunteers. This group of like-minded souls meet regularly to dedicate their free time to making improvements to the environment across Newham. It's practical, hands-on work, doing things such as tree planting and layering hedges.

"We work on a number of projects in Newham, including one with the council at Forest Lane Lodge and Forest Lane Park. We're helping to clear the paths and cut back lots of dead trees."

Meeting on the second Sunday of every month, the group next gets together on 11 March at Forest Lane Park. New volunteers are always welcome.

"It's a chance to get some fresh air, meet other people and make your difference to the environment," says Ian.

To find out more about the Newham Conservation Volunteers call Ian on 020 8471 8391 or Les Rice on 020 8519 2439. To find out more about the council's recycling services where you live, email recycling@newham.gov.uk or call 020 8430 2000.

www.newham.gov.uk/services/recycling

Making Green Sparkes Fly

Ian Sparkes shows just how much one household can recycle in seven days



2012 GAMES UPDATE --
NEWHAM HOST BOROUGH

COACHING NEWHAM'S YOUNG ATHLETES TO VICTORY

The Newham Sports Academy with Tessa Sanderson is providing the cream of Newham's young sporting talent with the best training, advice and facilities to reach their potential for the Games in 2012.

Paul Cater is part of the team of experts working to get the best out of these young athletes. He is a strength and conditioning coach with the academy, working with all the Olympic and Paralympic hopefuls to enhance their performance through fitness and strength training.

"Some people call what I do a conditioning coach, others a fitness coach, but my job basically involves enhancing physically what the athletes are doing," says Paul.

He works alongside an athlete's sports coach, who is responsible for the training specific to their sport. This dual technique is something Paul has brought to England from America, where it is much more common for young athletes to have fitness training.

"The amazing thing about this academy is that it really takes a comprehensive approach, which you don't seem to get in schools in the UK," says Paul.

"It's more common in the States, where it is no secret that this type of weight training will enhance your performance."

Paul is a highly trained fitness coach who currently works full-time for the rugby team London Wasps. He has played professional American football in

California and worked with young athletes both here and in the States.

"I love being a sports coach for young people," says Paul. "I have great relationships with the athletes and I love being a mentor for them. It's great to feel I have an influence over their life."

Paul's experience means he knows sports talent when he sees it, and believes Newham's young people have got what it takes.

"I have a dream to coach an athlete who wins a medal at the Olympic Games," says Paul.

"I wouldn't be doing this unless I thought we had the potential to walk into the stadium in 2012 and win some medals."

Paul Cater puts
400m and 800m
hopeful Paige Haines
through his paces



The thrill of the frozen

It's cold, wet, gets your heart pumping and will probably make you wake up with aching muscles you forgot existed.

But the thrill of the frozen is contagious. Sports stars are doing it, singers are doing it – even hard-nosed newsreaders are doing it. So what is it?

Ice skating. Thousands of us are already hooked on ITV1's *Dancing on Ice*, watching as celebrities compete against each other to be the best ice dancer.

And while being a spectator is fun, why not get your skates on and have a go yourself this month in Stratford? Meridian Square, at Stratford Station, has transformed itself into an outdoor ice rink and will remain a frosty playground until Sunday 4 March.

Everyone from toddlers to seniors can join in the fun and reap some of the health benefits of Skate Stratford.

Skating helps build stamina, increase flexibility and strengthen muscles in the leg, bottom and back. On top of this, it's a great boost to that New Year fitness kick as recreational skating burns a whopping 250-810 calories per hour.



SKATE STRATFORD INFO

One-hour skating sessions are being held every weekend and during half term (February 12-16) from 10am to 10pm. The rink is also open on weekdays from 3pm-10pm.

Tickets can be purchased at the rink or booked in advance through www.newham.com/2012Games

Tickets cost from £7 for adults and £4 for children if you're a Newham resident and £10 and £7.50 if you're from outside the borough. You must bring proof of address with you. Family tickets are also available.

TOP TIPS FOR A SUCCESSFUL FIRST SKATE

1. When you first get on the ice, bend your knees as if you were going to squat and hold the barrier until you find your balance
2. Stand at about one arm's length from the barrier with your feet hip distance apart
3. Allow your feet to go into a pigeon-toed position and bend your knees. You will begin to feel the gliding movement when you allow your feet to separate. This begins a move known as the forward swizzle
4. As soon as you begin moving forward, keep bending your knees and use the inside edges of your skates to keep the pigeon-toed position
5. The more you bend your knees, the stronger and faster your swizzles will become

SKATING FACTS

- Parts of the Skate Stratford arena have been recycled from outside the Natural History Museum
- The earliest skates, made of bone, were discovered in Sweden in the ninth century
- The first Olympic ice dancing competition was held in 1976



Teaching on the Rainbow Ward

Staff on the Rainbow Ward at Newham General Hospital aim to make each child's visit as comfortable and close to their home life as possible. For many children this means attending lessons in the ward's classroom with Eileen Grant, the hospital schoolchildren co-ordinator.

Eileen is a qualified teacher who worked for 30 years at various schools in the borough before coming to teach on the Rainbow Ward. The schoolroom she runs caters for children from babies to 18

year olds and lessons cover numeracy, literacy, arts and crafts.

"We usually have nine to ten children per day in the classroom," says Eileen. "The small class size is really good for them as we can give them the one-to-one teaching which they might not get in their normal schools.

"We usually cover the basics, however if a child has a specific project in geography or history then we help them to research that.

"Children now usually have their own passwords for the school's internet so they can continue with their research for a project on the computers here."

Those staying on Rainbow Ward are short-stay patients and usually in hospital for one night to several weeks. Children having minor operations such as appendix removal may only see Eileen for one or two days, while those with more serious conditions may be in for up to six weeks.



> WORKING LIVES

fleeting visits, Eileen has been working at the hospital for many years and enjoys her work and the service she helps provide to the children.

"I really enjoy teaching here as I get to meet children of all ages and from schools across the borough," says Eileen.

"I get to have very close contact with the children which means they can talk to me directly about anything they might be having difficulty with at school, and I can use their time in the hospital to try and improve that.

"They often go back to school very proud of what they have achieved and show their teachers the work they have completed here.

"I also have constant contact with the parents, which you don't get in a normal school. The Rainbow Ward doesn't have set visiting hours so parents can stay here all the time to support the children."

All staff on the Rainbow Ward work hard to provide an atmosphere that is comfortable and caring. Eileen's schoolroom provides not only education, but normality for children who are experiencing medical treatment and time

"We try to make the childrens' stay here as pleasant as possible, and though it is not compulsory that they come to the schoolroom, nearly all the children do."

The teachers on the ward work together with nurses and parents to ensure the child's care and education needs are fully met.

"We have to be sensitive to the requirements of each child and the reasons they are staying on the ward," say Eileen. "Sometimes if the child has had some medical treatment they will feel tired or ill, so we have to accommodate that.

"We work closely with the nurses

and parents, and also work jointly with the Royal London Hospital and Great Ormond Street Hospital. Some children are off school long-term and are receiving home tuition so we have to be aware of that when they come in to us.

"If the child is in school and is staying in hospital for more than five days, I will contact the school with the parents' permission to find out what they are studying."

Despite only seeing children for

away from their home and friends.

"I think the classroom helps them to normalise the situation they are in at the hospital, and also helps to keep the children entertained and take their mind off the medical treatment," says Eileen.

"We try to make the childrens' stay here as pleasant as possible, and though it is not compulsory that they come to the schoolroom, nearly all the children do."

A string of red and yellow Chinese lanterns hangs diagonally across the frame. The lanterns are decorated with intricate patterns and tassels. In the background, the wooden structure of a traditional Chinese building is visible, with warm lighting creating a festive atmosphere.

CELEBRATING THE YEAR OF THE PIG, CHINESE STYLE

Chinese New Year, which starts on 18 February, is a 15-day celebration, welcoming in the New Year for Chinese people all over the world. This year it will herald the year of the pig.

Plenty of Chinese people in Newham will be joining in the celebrations this month and here we list events which are happening in Newham.

The New Year is usually brought in with plenty of loud music and the colour red, as in ancient China this was thought to scare away the man-eating beast Nyan, who came down from the mountains around New Year and disliked the colour and loud noise.

Red packets full of money are given and people like to wear red clothing to scare away evil spirits. Popular decorations include kumquats, peach blossoms and bamboo, and red banners with the word happiness written on them are hung around the house.

On New Year's Eve, many Chinese people thoroughly clean their homes to sweep away bad luck and make room for good.

Firecrackers are popular as the loud popping noise is thought to scare away the evil spirits.

New Year's Eve and New Year's Day are celebrated as a family affair, a time of reunion and thanksgiving. The presence of the ancestors is acknowledged on New Year's Eve with a dinner arranged for them at the most senior family member's house.

Irene Chu, a trainee planner at Newham Council, is travelling to Hong Kong this month, to join the celebrations there. The Government puts on a spectacular fireworks display at the island's Victoria Harbour.

She says: "New Year's Eve is the time for families. We usually hold the biggest reunion dinner of the year, having fine gourmet Chinese food, where family from all over the world will be attending to mark the start

of another prosperous year. Usually the featured dish will include a black thread-like algae, pronounced "fat choy" in Cantonese, as the names sounds similar to "prosperity" in Chinese."

Chinese New Year events in Newham

- > Valentines and Chinese New Year themed ball, Flanders Centre, East Ham, Friday 16 February, 8pm-11pm. For further details contact Lorne Hague on 020 8472 4020.
- > Chinese New Year celebration, Beckton Community Centre, Thursday 8 March. For further details contact Nandita Saha on 020 7511 1214.
- > Children's pig-themed fun for Chinese New Year at Newham City Farm, Beckton. Lantern-making, origami, drawing and more. From 12.30-3pm, Sunday 18 February. For further details call 020 7474 4960.
- > Children's event with Northern Lion Dance, acrobatic acts and Chinese ribbon dance, including participatory dance workshops with children, presented by Chinese Cultural Centre. Stratford Library, Wednesday 21 February, 10am to 12 noon. For further details contact Anjali Das on 020 8430 3650.
- > There will be book displays and decorations on the year of the pig at Stratford, East Ham, The Gate and Beckton Globe libraries.

The year of the pig

In China, the pig is associated with fertility and virility.



To bear children in the year of the pig is considered very fortunate, for they will be happy and honest.

Are you a pig person?

If your birthday is between any of these dates you will have been born in the year of the pig.

22 January 1947 - 9 February 1948
8 February 1959 - 27 January 1960
27 January 1971 - 14 February 1972
13 February 1983 - 1 February 1984
31 January 1995 - 18 February 1996

Characteristics

The pig person is usually honest, straightforward and patient. They are modest and prefer to work quietly behind the scenes. Pig people are conservative creatures of habit. They dislike being made to travel too far from familiar surroundings and love nature.

Famous pig people

Ewan McGregor
Alfred Hitchcock
Elton John

CHICKEN AND CASHEW NUT STIR FRY

This quick and easy stir fry is a healthy alternative to a takeaway. You can add different vegetables or seasonings to tailor it to your taste.

Ingredients

3tbsp vegetable oil	1 red pepper, cut into strips
2 skinless chicken breast fillets, cut into 1cm thick strips	2 red chillies, thinly sliced
50g unsalted cashew nuts	250g mange tout, sliced lengthways
2 cloves garlic, thinly sliced	80ml chicken stock or water
6 spring onions, sliced	Juice of 1 lime
250g broccoli, cut into bite-size pieces	2tbsp soy sauce

Method

1. Heat a wok over a high heat. Add half the oil and, when hot, the chicken and cashew nuts. Stir fry for three to four minutes or until the chicken is almost cooked through. Take out of the wok and set aside
2. Add the remaining oil to the wok over a high heat. Add the garlic, spring onions and broccoli and pepper and stir fry for two minutes. Add the chillies, mange tout and stock or water and stir fry for a further two minutes
3. Return the chicken to the wok and heat through. Stir in the lime juice and soy sauce. Season to taste and serve on its own or with noodles

Serves four



It's your right

Sorting out debt problems

High fuel bills and the cost of the festive season can add to the pressure of debt problems in February. Debt problems are not uncommon, especially at this time of year. The important thing is to sort them out.

Debts...how to sort them out is a free self-help pack published by the council that explains how to prioritise debts and work out affordable offers. It is straightforward to use and has sample financial statements (budget plans), letters to creditors and court forms.

Q: Wouldn't getting a loan to pay off the debts be easier?

A: This rarely helps in the long term and can make the problems worse. Interest charged on consolidation loans tends

to be high and repayments can make it difficult to pay important bills such as rent or mortgage. If you are a homeowner, you may be asked to secure the loan against your home, putting it at risk if you fall behind with repayments.

Q: Couldn't I pay a debt management company to do the work for me?

A: Why pay for what you can get free? If you feel you need further advice after reading *Debts...how to sort them out*, you can contact a local advice agency.

Q: Should I go bankrupt?

A: Even though people are normally discharged from bankruptcy after a year,

the consequences can last far longer. If you own your own home, for example, you are likely to lose it. If you are considering bankruptcy, get advice.

You can get a copy of *Debts...how to sort them out* from your Local Service Centre, library or advice agency.



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Giving choice back to the patient

Busy Kelly Kirk has to make time to think about her own health and wellbeing.

As a carer to her children and her elderly grandmother, it can be hard to fit in trips to the doctor, but a new service available to Newham patients made her life a lot easier when she spotted a suspicious-looking mole.

East Ham resident Kelly went to see her GP about it. He said it was probably innocent enough but that she should get it seen at a hospital. Expecting her doctor to say that Newham General would send her a letter with an appointment time, she got something of a surprise.

"He gave me a booklet and said I could now choose from several local hospitals or clinics," she said. "He also gave me a password to give to the Choose-and-Book telephone line which he said I should call to pick an appointment time that would suit me."

"I felt more involved through the whole process – normally you get told where you have to go and at what time."

She found the booklet included details of each of the facilities offering the appropriate expertise. It outlined the services available at 11 NHS trusts across London, nine of which provided dermatology. It is possible to find out the waiting times at each facility from your GP before making your choice.

Kelly opted to be seen in Newham but chose a health centre she had not previously heard of – the Appleby Health Centre in Canning Town. She says: "I liked the fact that it was quite a small clinic and more personal than a big hospital like Newham General."

Having selected the facility she preferred, Kelly rang the Choose-and-Book number. "I gave them the password I had been given at the GP surgery and they had all my details and an appointment was available a month later, which I thought was pretty quick."

She made the appointment work around caring for her children and her grandmother, and felt that the new system allowed her to have a greater say in her health care.

"I felt more involved through the whole process – normally you get told where you have to go and at what time."

Fortunately the doctor at the Appleby Centre concluded the mole was benign. Kelly now knows however, that if that mole starts to change in appearance she can choose where and when to get it looked at again.

Why choose to have your treatment in Newham?

Patients who do choose Newham University Hospital are given a choice of time and date for their treatment or appointment and access to interpreting services. They will be given care in state-of-the art facilities in new and attractive buildings with high standards of infection control. The hospital specialises in local healthcare and is nationally recognised for its work in the fields of long-term conditions and sexual health.



Kelly Kirk looks through the treatment choices with her sons

Winter Wonderland

Wednesday 24 January saw Newham residents waking up to a winter wonderland.

The borough took on a magical feel as everything was covered with a dusting of the white stuff.

Children came out to make snowmen and throw snowballs before school, some of them experiencing the icy conditions for the first time.

For the grown-ups, it meant train delays for many, but few failed to get caught up in the frosty feelgood factor.

It also served as a reminder that

we should look out for our older, vulnerable relatives and neighbours at this time of year, and make sure they're safe and warm.

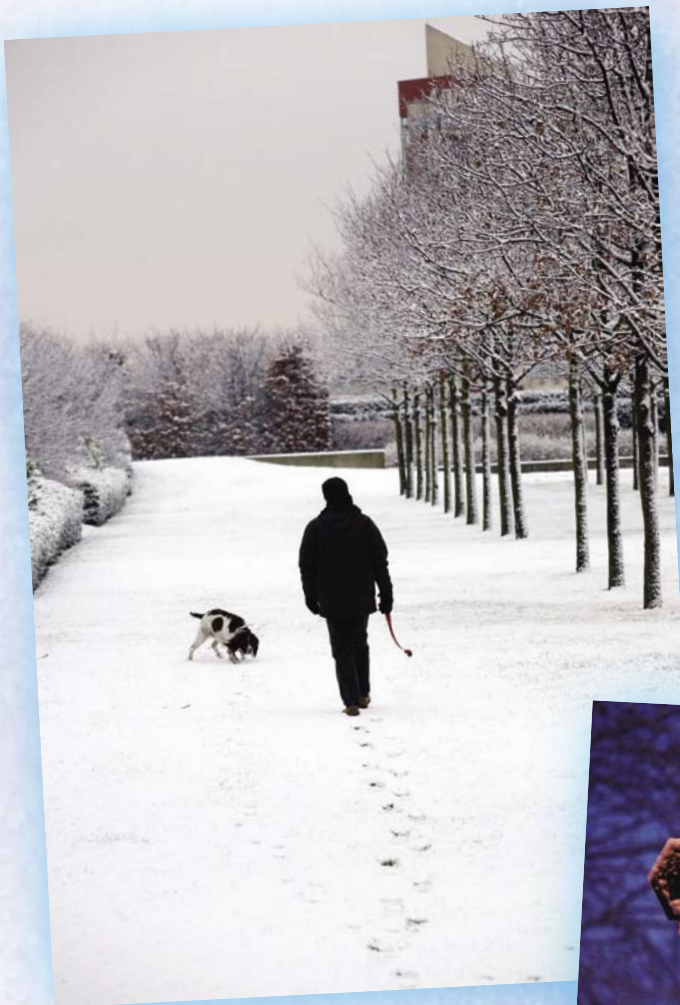
All over-50s in Newham are welcome to attend the Warm Centres at various council community centres. Newham is turning up the heating and transforming them into places where older people can keep cosy while catching up with friends and enjoying a cuppa or two.

For further information, call 020 8430 2486 or visit www.newham.gov.uk/winter



Clockwise from top right: Newham Town Hall; Snowball fight in Britannia Village; Thames Barrier Park; East Ham in the snow.





Clockwise from top left: Thames Barrier Park; St Mary Magdalene Church, High Street South, East Ham; East Ham; Central Park; Britannia Village.





Record-breaking year for

Theatre Royal Stratford East

Newham's popular theatre has been nominated for two prestigious Olivier Awards as it celebrates a record-breaking 2006.

Theatre Royal Stratford East has been recognised for its ability to reach new and diverse audiences. It has been nominated for "a powerful season of provocative work, reaching new audiences" and for "outstanding achievement in an affiliate theatre" for its production of *The Pied Piper*.

Last year Stratford East was nominated for its West End transfer of the Windrush musical *The Big Life* and this year the judges have recognised *The Pied Piper*, a bold, contemporary

hip hop street dance interpretation of Robert Browning's poem *The Pied Piper of Hamelin*.

This year's second nomination is for the entire 2006 season, which included the brutal South African play *Township Stories*; the South Asian celebration of chaotic nuptials *Deranged Marriage*; *Gladiator Games*, which highlighted the murder of local teenager Zahid Mubarek in Feltham Young Offenders Institute and the startling stage adaptation of the 1973 Jamaican film *The Harder They Come*. The season is particularly acknowledged as successful in reaching new audiences.

Stratford East reaching new audiences

Ethnicity

Stratford East has one of the most diverse audiences around. In 2006 it was made up of:

Black	55 per cent
White	20 per cent
Asian	20 per cent
Other	five per cent

(Source: Audience surveys plus observation)

Age

Across the UK, theatre audiences are getting older. But not at Stratford East! More than 40 per cent of its audience is either under 16 or full time students. (Source: Analysis of box office data).

It was a record-breaking year for the box office at Stratford East, proof that staging "provocative" work can translate into breathtaking sales. Just take a look at the figures:

- In 2006, more than 100,000 people enjoyed shows on the main stage (and a further 40,000+ loved the free live music and comedy in the Theatre Royal Bar)
- In 2006, 77 per cent of seats were sold, compared to 62 per cent for similar London theatres (source: SOLT Box Office Data Report 2005 average)

Despite having possibly the most inclusive pricing policy in the UK, box office income has increased by 300 per cent in just four years. This is for a theatre that:

- focuses on new writing
- engages directly with its community
- develops new talent rather than using established stars
- has year-round inclusive pricing
- is located in one of the poorest parts of the UK

The Olivier Awards are announced on 18 February.




www.stratfordeast.com
Box office: 020 8534 0310



**METROPOLITAN
POLICE**

Working together for a safer London

THIEVES, FIRE AND DRUGS – NEWHAM'S JUNIOR CITIZENS SCHEME

 **Junior Citizens is an interactive child safety scheme organised by the Metropolitan Police and hosted by Tate & Lyle.**

Ten and 11 year olds from 30 schools in Newham are spending half a day on site at the Silvertown sugar refinery, where they take part in a range of simulated emergency situations.

The scheme is run by volunteers from organisations such as London Underground, London Fire Brigade, London Ambulance Service and a range of utility companies. Through practical demonstrations, videos and role-playing, the children learn how to avoid or tackle a range of hazardous situations.

By the end of the week, 1,200 children will have learned essential safety



Youngsters taking part in the Met's Junior Citizens scheme

skills at Tate & Lyle as part of Junior Citizens 2007.

Some of the hands-on activities include a real chip pan fire, a stationary HGV lorry to explain the dangers of blind spots, giving mouth-to-mouth resuscitation to a first aid dummy, and a mini Tube station to practice transport safety. Children and volunteers also act out a series of role plays on topics such as bullying, calling a neighbour in an emergency and having a mobile phone snatched.

"There is no higher priority than safety at Tate & Lyle, so we are proud to host Junior Citizens," says Michael Grier of Tate & Lyle. "It's an intense and very

effective day for the children; they learn skills that will be useful for the rest of their lives. And last but not least, they're having a great time with all the action involved!"

PC Peter Wilson, schools liaison officer from Newham Police, who organises the yearly event, says: "Junior Citizens is an exciting and interactive educational extravaganza, encouraging young children to learn by actively making their own decisions around their personal safety."

This is the ninth year that the scheme is being hosted by Tate & Lyle. Last year about 2,200 children benefited from the scheme at the Thames refinery site.



DON'T SKIP ON SAFETY

NEWHAM
TOGETHER
TACKLING
ANTI-SOCIAL
BEHAVIOUR

More than half of women say they don't do it, while around twenty percent of men who do it, don't even like it. But whether you do it yourself or get someone else in, one thing's for certain, home improvement has become one of the nation's favourite pass-times.

The saying goes that a man's home is his castle, but there are a few things that the kings and queens of Newham's streets need to bear in mind before they tear up the tiles and fling out the floorboards.

Use this checklist to make sure your plastering goes smoothly and your pavement doesn't become the neighbourhood assault course.

- Check whether you need planning permission before you start.
- Remember it is illegal to store

building materials in the street or use the pavement or the road as an extension to a building site (eg to mix mortar) without the council's permission. You can apply to the council to erect a properly fenced compound – make sure your builders have the necessary permission.

- Need a skip? If it's not on your property, you'll need a license. The council has a list of licensed hire companies, who will apply for your licence and advise you of the conditions.
- Don't need a skip? It's your responsibility to store waste safely and ensure it is disposed of correctly at an authorised site.
- Be considerate. By keeping your street clear of clutter you'll minimise any risk to neighbours and

pedestrians. Building work can be noisy too, so remember to down tools at a reasonable hour.

Need to know more?
Contact: 020 8430 2000
www.newham.gov.uk

It is a criminal offence not to obtain the necessary permissions from the council and where an offence occurs, it will be investigated and action will be taken.

Councillor Ian Corbett, executive advisor for anti-social behaviour, says: "It's important that people take responsibility for their building waste. Piling up rubbish on the street is hazardous, particularly if children need to step out onto the road to get past. Residents should report any cases they see to our anti-social behaviour hotline."

→ **TO REPORT ANTI-SOCIAL BEHAVIOUR, CALL NEWHAM'S 24-HOUR HOTLINE 0800 731 3300**

JOB VACANCIES

Sales, Admin, Catering, Warehouse, Accounting, Security, Nursing, Hospitality, Retail, Checkout Personnel, Park Attendants etc

Applicants must have a UK work permit and access to public funds.

We target people from BME communities in Newham, Hackney, Brent, Haringay and Tower Hamlets.

Call MTEC on Tel: 020 8519 4107



Faith Drama Productions presents a fantastic Urban Hip Hop Production
Are you interested in Acting, Singing, Dancing or working Backstage?

If you are aged 16-25 and are available during the summer, this could be your opportunity to take part in a professional Musical Theatre Production.

Auditions will take place at: Venue: **People Show Studios, Pollard Row, Bethnal Green, E2 6NB** (nearest tube Bethnal Green)

On the: 10th, 17th, and 24th March 2007

Auditionees can come to any of these dates but **MUST** register at the time given.

Candidates cannot audition unless they have registered. Upon registering you will be given a number and time slot. Times are allocated on a first come first serve basis.

Registration: 10.00AM (Actors / Singers) / 2pm (Dancers)

People interested in working **Backstage** must email: kweku@faithdrama.org.uk to arrange an interview.

For more information on auditions and interviews please visit: www.faithdrama.org.uk/bulletinboard or call 07958 172 398

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Whether you want to pay off your mortgage, **release cash for any purpose**, or pay off debts, we can buy your house quickly, with no fees or hassle. You can then rent it back from us for as long as you like, and even buy it back again at market value in the future, if you wish.

Our service is totally free and discreet, and you are under no obligation at any time. Call now for a **FREE** chat to discuss your situation, and find out more.

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Rokeby School, Pitchford St, Stratford, E15 4RZ
Welcome to Saturday School @ Rokeby!

for Years 5 & 6 Boys and Girls

DRAMA, STREET DANCE, LITERACY, ICT, NUMERACY, ART

Want to improve your confidence and communication skills whilst enjoying a Saturday morning with friends at a central Stratford location? Then we have just what you are looking for.

We have some exciting activities planned for the spring season. Year 5 & 6 students can expect a fun packed Saturday where they will move around the school over four workshops. This is good preparation for the transition from primary school to secondary school. All classes are free!

**Classes re-start following half term on: Sat February 24th 2007
9.30am-12.30pm - Free Snacks provided!**

If you are interested, please contact Dawn Joseph on: 07950 711969 or Julie Kennelly on: 020 8534 8946 ext 101.

See you there!

**For all advertisement
sales and enquiries for**



please contact

Joanne Giles

at **Madison Bell
Media**

on **0207 517 9940**

or email on

newhamsales@madisonbellmedia.com

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COMMUNITY FORUMS



NEWHAM-WIDE

COMMUNITY FORUMS JOIN DOT COM REVOLUTION

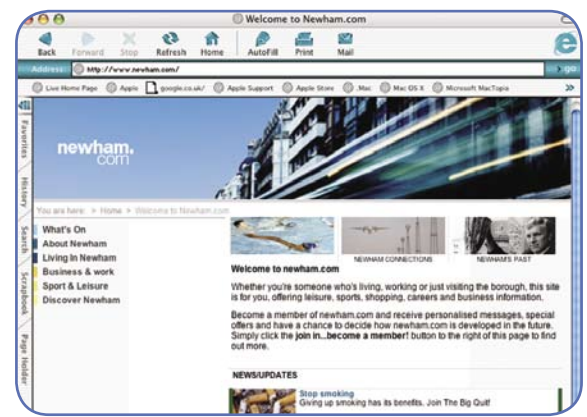
Finding out all about community forums has just got easier thanks to new website Newham.com. The recently launched site promotes local services, resources and opportunities within Newham and contains useful information on leisure, sports, shopping, careers and Newham 2012 activities.

The site holds plenty of information about your local community forum and a link to each of the forums' own websites where you can learn all

about upcoming events and how to get involved.

Executive Adviser for Community Forums Councillor Richard Crawford said: "This website is great for bringing information about Newham together in one handy place. It's another great way to discover community forums and how you can contribute to life in the borough."

Check out what's going on at your local community forum at www.newham.com



BECKTON

ANNUAL STEERING GROUP ELECTIONS IN BECKTON



Help change Beckton for the better

If you live or work in Beckton, there is still time to put yourself forward for the community forum's steering group. All you have to do is complete a nomination form and return it to us by Tuesday 20 February.

The steering group drives the work of the community forum and is keen to attract local people from all communities who want to make positive changes to Beckton. Those people on the steering group

will play a key role in organising a range of community activities and events aimed at making Beckton a better place to live and work.

Lead Councillor for Beckton Community Forum Councillor Ayesha Chowdhury explains why it's important for local people to put themselves forward. She says: "We are looking for people who are passionate about Beckton. You don't need to be an existing forum member, just be willing to volunteer your time, share your local knowledge and care about improving the local community."

Nominations are put forward to the forum's annual general meeting at 7pm on Tuesday 27 February at Kingsford Community School, Kingsford Way, Beckton E6 5JG.

Cllr Chowdhury adds: "It's important for all local residents to come along to the AGM as they'll be the ones responsible for selecting the new steering group members. This is a great opportunity to empower people who understand the local issues affecting our community."

Nomination forms are available now at Beckton Library, Beckton Local Service Centre and community centres or by calling freephone 0800 519 4015 or emailing forums@newham.gov.uk

WHAT IS A COMMUNITY FORUM, WHICH IS MINE AND HOW CAN I GET INVOLVED? **CALL 0800 5194015 TO FIND OUT MORE**



NEWHAM-WIDE

FORUMS GET SET FOR WINTER WALKABOUTS

The latest forum walkabouts will be taking place in February. Anyone who can volunteer a few hours of their time would be greatly appreciated.

East Ham and Royal Docks Community Forums are looking for residents to join in and help identify hotspots for rubbish, graffiti, abandoned vehicles and fly-tipping. Council officers will then come and clear the problems noted on the walkabout.

Royal Docks' walkabout will be the prelude to a major recycling campaign which will see the forum join forces with primary schools in the local area.

Lead Councillor for Royal Docks, Councillor Simon Tucker said: "Young people are very aware of the need to recycle and often have innovative ways to make a difference. We want to put on an event which not only recognises this, but helps to educate all local people about the small and very often simple ways in which we can play our part to make the area greener."

The next walkabouts will be held at:

East Ham

Saturday 17 February, 10am-12noon
Meet outside East Ham Underground Station, High Street North, East Ham, E6 2JA at 9.45am. Covering: Lathom Road

Royal Docks

Saturday 24 February, 10am-12noon
Meet at the community forum notice board, Pier Parade, Pier Road, North Woolwich at 9.45am.
Covering: Claremont Close, Woodman Parade, Woodman Street, Claremont Street, Storey Street, Glenister Street, Robert Street, Church Street, Station Street, Milk Street, Albert Walk, Bargehouse Road and Waldair Court.



EAST HAM

GET SET FOR THE LATEST DANCE EVENT

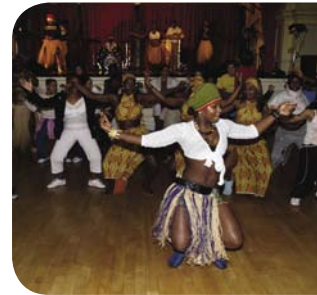
East Ham residents can get into the swing of things when the community forum holds its latest free dance day on Saturday 24 February.

East Ham Goes Dancing will take place at Newham Town Hall, Barking Road, East Ham E6 2RP from 2-9.30pm.

The forum's latest community event, produced in partnership with East London Dance, will have a distinctly African-Caribbean flavour with street dance, salsa and West African dance, giving an opportunity for many residents to try their hand at something new.

Chair of East Ham Community Forum Jose Alexander said: "We're really excited about this event and have worked hard to put together a programme which provides something for everyone. Whether you want to learn a new dance style or simply come along, have fun and enjoy a great day out, Newham Town Hall is definitely the place to be."

For more information about the event contact East London Dance on 020 8279 1050 or call the community forum freephone on 0800 519 4015.



**it's our borough
play your part**

NEWHAM COMMUNITY FORUMS

>> Community forums are for you to have your say about services in your borough and to help us, and you, make positive changes to your neighbourhood. There are nine community forums in Newham working to make each local area a safer, healthier and more interesting place to live.

To find out more call freephone 0800 519 4015, email community.forums@newham.gov.uk or visit www.newham.gov.uk/communityforums

COMMUNITY NEWS



BECKTON

MET RECRUITS' WORLD RECORD FOR RICHARD HOUSE HOSPICE

More than 300 Metropolitan Police officer recruits and staff cuffed hands to break the world record for the most people handcuffed together.

They were raising money for the Richard House children's hospice in Beckton and secured a place in the Alternative Book of World Records.

The recruits were joined by staff from their chosen charity. Each participant paid £3 for the privilege of being cuffed, resulting in almost £1,000 being raised.

The idea was thought up by PC Dave

O'Grady, a recruit trainer at the police college in Hendon. He said: "Throughout their stay at the training school, each intake of recruits has a designated charity which they raise money for and it's not uncommon for the recruits to raise thousands of pounds for their chosen charity.

"We're delighted that Richard House children's hospice will benefit from this event and it gives the kids there the chance to become world record holders."



Met recruits handcuffed themselves together in a fundraising record attempt



Newham GCSE students at UEL



ROYAL DOCKS

TALENTED PUPILS AIM FOR A*S AFTER UEL MASTERCLASSES

More than 100 Newham pupils went to the University of East London's (UEL) Docklands Campus for special masterclasses designed to help them achieve the best possible grades in their upcoming GCSEs.

The year 11 pupils from Cumberland, Eastlea, Royal Docks, St Angela's and St Bonaventure's Schools attended a series of English and maths workshops organised by their teachers and UEL student ambassadors.

Kelly Busuttil, head of media at St Bonaventure's in Forest Gate, led a session on writing and poetry. She said: "The workshop went really well and the students were a really good, lively and receptive group. This is a great opportunity for them to learn and share their ideas in an inspiring university environment."

The masterclasses are an annual event hosted by UEL's Education and Community Partnerships to provide local pupils with extra motivation and additional knowledge to help them achieve A and A* grades in their GCSEs.

GOT A STORY FOR COMMUNITY NEWS? WE WANT TO HEAR FROM YOU. **EMAIL NEWHAM.MAG@NEWHAM.GOV.UK**



GREEN STREET

FREE HEALTH AND SAFETY EVENT AT UPTON PARK

Want to know how health and safety can help grow your business and save you money? Come and find out at the home of the Hammers! Small businesses in London are invited to a free introduction to health and safety at West Ham United Football Club where experts from a wide range of sectors will be on hand with advice and information to help London's businesses grow from strength to strength.

It takes place from 5.30pm-8.30pm on Wednesday 28 February and is a collaboration between the Health and Safety Executive (HSE) and eight London local authorities. No prior knowledge or experience is required and newcomers are particularly welcome. Among the many subjects on offer are health and safety support, training in the food and catering sector, smoke free legislation, trading standards and insurance matters. There will be a variety of exhibitors, including Newham Supply Chain and Smoke Free England.

For further information contact Eva Richards on 020 7556 2187 or just turn up on the day.



CUSTOM HOUSE/CANNING TOWN

CATWALK KIDS STRUT THEIR STUFF AS THEY VIEW THEIR FUTURE

Nearly 200 boys and girls from Rosetta Primary School in Freemasons Road put on a special catwalk style parade for parents based on their future prospects.

It was designed to highlight the occupations each pupil aspired to by getting them to dress up in the clothes of their chosen career. Among the jobs they saw for themselves were a WAG (a footballer's wife), a ballerina, a businessman, a fireman, and a nurse.

The special parade, by Rosetta's Key Stage 1 pupils, was one of a number of events taking place during South West Newham Education Action Zone's Citizenship Week 2007, which is this year based on the theme Growing Up in Newham.

Business Links adviser at Newham Education Business Partnership, Lyn Senior, said: "Citizenship Week is an event involving the whole school community - children, teachers, parents, friends of the school and if possible, some local celebrities. "



Rosetta pupils dressed up for Citizenship Week



NEWHAM-WIDE

WANT TO WORK IN CHILDCARE?

Anyone interested in a career in childcare should visit the one-stop-shop at Stratford Town Hall on 7 March.

As well as job opportunities, you can find out about local courses you could join which will lead to childcare qualifications and help your employment prospects.

You could find out more about working in a crèche, at a nursery, breakfast or after school club, or as a childminder in your own home.

There will be workshops run by experts from Newham's Early Years and Childcare Service designed to help you make the right choices for your career.

The annual event attracted more than 1,000 visitors last year.

There will be a free crèche at the event, which takes place from 9.30am to 4.30pm.

For further information ring the council's Children's Information Service on 0800 0741017 or visit www.newham.gov.uk

Poem

Stars
by Cansel Komur, 8



Stars oh stars,
Please give me a clue,
Of what I need to do!

I've made a wish that will never come true,
Please help me out,
I really need you!

Wordsearch

See if you
can find the
following words
in the grid:



Ant and Dec
Arthur
Basil Brush
Blue Peter
Bruce Forsyth
CBeebies
Doctor Who
Home And Away
Neighbours
Newsround
Smart
Smile
Strictly Come Dancing
Tess Daly
Torchwood

P	G	T	I	P	S	E	R	N	G	T	R	B	F	M	O
E	N	H	E	V	S	T	N	E	W	S	R	O	U	N	D
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U	W	C	M	S	S	U	R	C	A	A	O	T	Y	I	B
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B	T	T	O	U	M	O	I	A	E	M	E	T	R	N	E
L	H	V	H	R	Y	L	A	D	S	S	E	T	X	S	B
I	R	T	G	T	Q	E	G	E	A	M	A	S	T	T	C
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A	T	I	Y	I	L	T	L	S	T	L	L	T	L	I	T



Thames Barrier Park is open from 7am-5.30pm
The Prime Coffee Shop is open from 10am daily

Sponsored by Thames Barrier Park, North Woolwich Road,
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IN BRIEF

World leaders of the future visit UEL

A group of outstanding young achievers from around the world visited the University of East London to explore education's role in creating more tolerant, inclusive and diverse societies. The ten delegates from all over Europe, America, Africa and Asia, were specially selected to take part in the Greenwich Forum, a year-long youth leadership programme run by the British Council in partnership with the World Economic Forum.



Love on the menu – 13 February

UEL's popular public lecture series is hotting up for Valentine's eve. On Tuesday 13 February, Dr Erika Calvo of UEL's School of Social Sciences, Media and Cultural Studies, will give a talk entitled *The recipe for love:*

gender, nature and the politics of food at Docklands campus. All are welcome, admission is free and chocolate will be provided! For full details visit www.uel.ac.uk/lectureseries

Get Brain Aware on 7 March

UEL's forthcoming open day on Wednesday 7 March includes Brain Awareness Day, an exciting exhibition and talk run by the School of Psychology. Many other events and demonstrations will be on offer for visitors. For full details call 020 8223 2884 or check www.uel.ac.uk

Stratford Architect awarded RIBA commendation



A University of East London architecture graduate was given a commendation in the prestigious Royal Institute of British Architecture (RIBA) annual President's Medals Student Awards.

Mark Smith, 28, of Stratford, was recognised for his innovative designs for a housing project in West Silvertown, produced as part of his BSc (Hons) degree in Architecture. Mark graduated

from UEL last year and now works at Robert Dye Associates, an award-winning architectural studio.

He said: "I'm really pleased to receive this commendation and very grateful to my excellent tutors at UEL's School of Architecture and the Visual Arts for all their help and support.

"UEL is a really exciting place to study architecture because of the wide scope of the modules and the tremendous creative freedom that students are given – no matter what your particular interests, you'll definitely have the opportunity to develop them."

UEL's School of Architecture and the Visual Arts is among the UK's leading centres for architecture and attracts students from all over the world. The school is holding an open day on Wednesday 14 February. For details, call 020 8223 3405 or visit www.uel.ac.uk/



UEL is rated among the leading modern (post-1992) universities in the UK according to the Guardian University Guide. For details of all programmes and to receive a copy of our new prospectus, contact 020 8223 3333 or visit www.uel.ac.uk

Win tickets

for the Baby Show at ExCeL London

The ultimate event for bumps, babies and beyond is back by popular demand. Parents, parents-to-be and the whole family can head to The Baby Show at ExCeL London for a great day out filled with incredible shopping, entertainment and expert information and advice from 9-11 March.

Whether you are expecting a baby or already have a growing family, it can be a daunting time and you always need a helping hand. The biggest and best event of its kind, The Baby Show has been designed to provide you with everything you need, as well as lots of fun at the same time!

At the Show you will find –

- > Exclusive offers from hundreds of companies all under one roof - no traipsing around the High Street for the best deals; find all your favourite brands as well as unusual products from individual retailers at great prices
- > The unique opportunity to try and buy - test out the latest travel systems from top brands like Quinny and Maxi-Cosi in the Out and About Area
- > Great entertainment – fantastic fashion shows, talks and tips from renowned experts like Annabel Karmel or baby modelling expert Katie Froud
- > Information and advice – have a one-to-one consultation with a health professional at the Meet the Midwives Area or the Health Visitors Centre
- > Relaxation and treats – sit back with some delicious and healthy options at the Bambino Mio Cravings Café or grab a refreshing smoothie at the Pregnacare Juice bar
- > Ultra-convenience for you - with great transport links to ExCeL London as well as 5,000 car parking spaces on site, a collect-by-car service for your shopping and free feeding and changing areas, your life will be made easy for the day. There is even a complimentary crèche.



The Newham Mag has 20 pairs of tickets to give away. For your chance of winning, answer the following question:

How many parking spaces are there at ExCeL London?

Send your name, address, contact telephone number and the answer to: Baby Show Competition, The Newham Mag, Newham Town Hall, Barking Road, East Ham E6 2RP by 24 February.



For more information on The Baby Show, visit thebabyslow.co.uk

To book discounted tickets in advance, call 0870 122 1313*

*advance box office closes 7 March 2007, calls charged at national rate, booking fee applies.

Head for...



Free Newham Gold Card Activities

Some venues may be subject to change. Please call Newham Council on 020 8430 2484 prior to attending.

Basketball

Monday 12, 19, 26 February, 5 March

- ⌚ 7-9pm: 8-19 years
- » The Froud Community Centre, Toronto Avenue, Manor Park E12
- Tuesday 13, 20, 27 February, 6 March**

- ⌚ 5.30-7pm: 8-19 years
- » Royal Victoria Gardens, Pier Road, Custom House E16
- ⌚ 7.30-9.30pm: 8-19 years
- » Plaistow Park, Greengate Street, Plaistow E13
- Wednesday 14, 21, 28 February, 7 March**

- ⌚ 5-7pm: 8-19 years
- » Gainsborough Cage, Milner Road, West Ham E13
- ⌚ 5-7.30pm: 8-19 years
- » New Beckton Park, Savage Gardens, Beckton E6
- Thursday 15, 22 February, 1, 8 March**

- ⌚ 4.30-6.30pm: 8-19 years
- » Priory Park, Grangewood Street, East Ham E6
- Friday 16, 23 February, 2, 9 March**

- ⌚ 5-7pm: 8-19 years
- » Lister Gardens, Upper Road, Plaistow E13
- 5-6.45pm: 8-19 years
- Forest Gate Youth Centre, 1 Woodgrange Road, Forest Gate E7

Multi-Sports

Monday 12, 19, 26 February, 5 March

- ⌚ 5-7pm: 8-19 years
- » Major Road MUGA, Major

- Road, Stratford E15
- ⌚ 6-8pm: 8-18 years
- » Langthorne Park
- Off Leyton High Road, E11
- Tuesday 13, 20, 27 February, 6 March**

- ⌚ 4-5pm: 8-18 years
- » Carpenters and Docklands Centre, 98 Gibbins Road, Stratford E15
- ⌚ 5-7pm: 8-18 years
- » Stratford Park, West Ham Lane, E15
- Wednesday 14, 21, 28 February, 7 March**

- ⌚ 5-7pm: 8-18 years
- » Stratford Park
- Stratford Park, West Ham Lane, E15
- ⌚ 6-7pm: 8-19 years
- » Carpenters and Docklands Centre, 98 Gibbins Road, Stratford E15
- Thursday 15, 22 February, 1, 8 March**

- ⌚ 5-7pm: 8-19 years
- » The CAGE (Chatsworth Active Games Enclosure), Cruickshank Road, Stratford E15
- ⌚ 6-8pm: 8-19 years
- » Can Hall Park, off Can Hall Road, Leytonstone E11

Fencing

Monday 12, 19, 26 February, 5 March

- ⌚ 6-8.30pm: 8-19 years
- » St Luke's Centre, St Luke's Square E16
- Tuesday 13, 20, 27 February, 6 March**

- ⌚ 6-8.30pm: 8-19 years
- » Forest Gate Youth Centre, 1 Woodgrange Road, Forest Gate E7
- Wednesday 14, 21, 28 February, 7 March**

- ⌚ 6-8.30pm: 8-19 years
- » Little Ilford Youth Centre, Rectory Road, Manor

- Park E12
- Thursday 15, 22 February, 1, 8 March**
- 6-8.30pm: 7-17 years
- Kingsford Community School, Kingsford Way, Beckton E6
- Friday 16, 23 February, 2, 9 March**
- 6-8.30pm: 8-19 years
- Brampton Manor School, Roman Road E6

Football

Monday 12, 19, 26 February, 5 March

- ⌚ 5-7pm: 8-19 years
- » New Beckton Park, Savage Gardens, Beckton E6
- ⌚ 6-8pm: 8-19 years
- » Plaistow Park, Greengate Street, Plaistow E13
- Tuesday 13, 20, 27 February, 6 March**

- ⌚ 5-7pm: 8-19 years
- » Gainsborough Cage, Milner Road, West Ham E13
- ⌚ 5-7pm: 8-19 years
- » Stratford Park, West Ham Lane, E15

- ⌚ 5-7pm: 8-19 years
- » Little Ilford Park, Church Road, E12
- Wednesday 14, 21, 28 February, 7 March**

- ⌚ 4.30-6.30pm: 8-19 years
- » Royal Victoria Gardens, Pier Road, North Woolwich E16
- ⌚ 7-9pm: 8-19 years
- » Major Road MUGA, Major Road, Stratford E15
- Thursday 15, 22 February, 1, 8 March**

- ⌚ 5-7pm: 8-19 years
- » Scud Park, Tant Avenue, Canning Town E16
- ⌚ 6-8pm: 8-19 years
- » Forest Gate Youth Centre, 1 Woodgrange Road, Forest Gate E7

Friday 16, 23 February, 2, 9 March

- ⌚ 4-5.30pm: 8-19 years
- » St John's Community Centre, Albert Road, E15
- ⌚ 6-8pm: 8-19 years
- » Priory Park, Grangewood Street, East Ham E6

Basketball and Football Monday 12, 19, 26 February, 5 March

- ⌚ 4.30-6.30: 8-19 years
- » Winsor Park, Covelees Wall, Beckton, E6
- Wednesday 14, 21, 28 February, 7 March**

- ⌚ 3.30-5.30pm: 8-19 years
- » Eastlea School, Exning Road, Canning Town E16
- ⌚ 6-8pm: 8-19 years
- » Plashet Park, Plashet Grove, E7
- Thursday 15, 22 February, 1, 8 March**

- ⌚ 5.30-7.30pm: 8-19 years
- » Barking Road Recreation Ground, Barking Road, East Ham E6

Athletics

Friday 16, 23 February, 2, 9 March

- ⌚ 4.30-6pm: 8-18 years
- » Drapers Field, Leyton High Road, E15

Dance – Urban Street Vibes Monday 12, 19, 26 February, 5 March

- ⌚ 3.30-5pm: 11-13 years
- » Shipman Community Centre, Prince Regent Lane, Custom House
- ⌚ 7-8.30pm: 11-16 years
- » The Froud Community Centre, Toronto Avenue, Manor Park E12
- ⌚ 7-8.30pm: 8-19 years
- » Carpenters and Docklands Centre, 98 Gibbins Road,



February 10 – March 10

Stratford E15

**Tuesday 13, 20, 27
February, 6 March**

- ⌚ 6.30-8pm: 11-15 years
- » Priory Park, Grangewood Street, East Ham E6
- ⌚ 7-8.30pm: 11-13 years
- » Hartley Community Centre, Barking Road E6
- Wednesday 14, 21, 28
February, 7 March**
- ⌚ 6.30-8pm: 11-15 years
- » Priory Park, Grangewood Street, East Ham E6
- ⌚ 7-8.30pm: 11-13 years
- » Hartley Community Centre, Barking Road E6
- Thursday 15, 22 February,
1, 8 March**
- ⌚ 3.30-5pm: 13-16 years
- » Little Ilford School, Browning Road E12
- ⌚ 7-8.30pm: 14-16 years
- » Beckton Globe Library, 1 Kingsford Way, E6
- ⌚ 7-8.30pm: 11-16 years
- » St John's Community Centre, Albert Road E16

Newham All Stars Sports Academy

**Monday 12, 19, 26
February, 5 March**

- ⌚ 6.30-8.30pm: 8-18 years
- » St Bonaventure's School, Boleyn Road, E7
- Wednesday 14, 21, 28
February, 7 March**
- ⌚ 6-8pm: 8-18 years
- » Rokeby School, Pitchford

Street, Stratford E15

**Thursday 15, 22 February,
1, 8 March**

- ⌚ 3.30-5.15pm: 8-18 years
- » Lister Community School, St Mary's Road, E13
- Friday 16, 23 February,
2, 9 March**
- ⌚ 4-5.30pm: 8-18 years
- » Cumberland School, Woodside Road, off Prince Regent Lane, E16

Newham Futsal League Wednesday 14, 21, 28 February, 7 March

- ⌚ 5.30-10pm: 16+ years
- » Little Ilford School, Browning Road, E12

Tapeball Cricket

**Tuesday 13, 20, 27
February, 6 March**

- ⌚ 5.30-7pm: 8-19 years
- » Score Complex, Score Community Building, 100 Oliver Road, E10
- Thursday 15, 22 February,
1, 8 March**
- ⌚ 4.30-6pm: 8-19 years
- » Drapers Field, Leyton High Road, E15

Dance – Urban Street Vibes (boys)

**Thursday 15, 22 February,
1, 8 March**

- ⌚ 5-7.30pm: 11-16 years
- » Stratford Circus, Theatre Square, Stratford E15

Free half term fun 12-16 February

Don't be bored this half term, get down to one of the free multi-sports sessions in your area.

Canning Town Recreation Ground, Prince Regent Lane, E16

12-16 February

- ⌚ 12noon-4pm: 8-17 years

Langdon School, Sussex Road, E6

12-14 February

- ⌚ 11am-4pm: 8-17 years

Lister Community School, St Mary's Road, E13

12-16 February

- ⌚ 11am-4pm: 8-17 years

Little Ilford Park, Church Road, E12

12-16 February

- ⌚ 12noon-4pm: 8-17 years

Memorial Recreation Ground, Memorial Avenue E15

12-16 February

- ⌚ 12noon-4pm: 8-17 years

New Beckton Park, Savage Gardens, E6

12-16 February

- ⌚ 12noon-4pm: 8-17 years

Plashet Park, Plashet Grove, E7

12-16 February

- ⌚ 12noon-4pm: 8-17 years

Stratford Centre, Broadway, E15

12-16 February

- ⌚ 11am-4pm: 7-18 years

Half Term at North Woolwich Old Station Museum

The Museum will be open everyday between 10-18 February, 1-5pm. Special photography exhibitions from young local photographers will be displayed throughout half term.

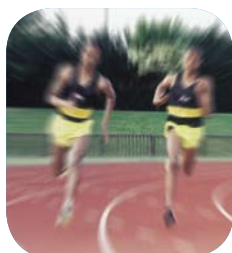
Wednesday 14 February

Drop-in activity sessions making Valentine's cards.

Friday 16 February

Drop-in photography workshops. Bring an old photo with you to talk about and learn new skills.

North Woolwich Old Station Museum, Pier Road, North Woolwich E16. 020 7474 7244





3 FEBRUARY - 4 MARCH 2007

Grab your chance before the ice melts to skate under open skies

Skate Stratford

TICKETS

Tickets can be bought on site or in advance at www.newham.com/2012Games

TICKET PRICES

NEWHAM RESIDENTS

Please bring proof of your address, library card, gold card or similar

Adult	£7
Concessions*	£4
Family tickets	
1 adult, 2 children	£12
1 adult, 3 children	£15
2 adults and up to 3 children	£18

VISITORS

Adult	£10
Concessions*	£7.50
Family tickets	
1 adult, 2 children	£20
1 adult, 3 children	£25
2 adults and up to 3 children	£30

*under 16s, students in full time education, over 60's, blue badge holders – please bring proof eg NUS card, bus pass

www.newham.com/2012Games

